



What changes can I expect after completing my training?

Optimum flow and function – The benefits are both tangible and intangible in nature. After NeuroOptimal training, a person emerges with a robust and flexible nervous system. In the words of a trainee, “It is easier to stay in the flow of life and it is much harder to ruin my day.” indicators imbalance are greatly reduced or fade away in the presence of an optimized nervous system.

Seamless change – Almost seamlessly, energetic signatures are rewritten and the person seems “different”. They may seem more calm, less reactive, more energetic, less emotional, more approachable and more at ease with the flow of life.

Motivation – People seek Neurofeedback training for many reasons. Regardless of the stated reason to begin NeuroOptimal training, the benefits achieved after a series of 20 training sessions are completed are fully integrated and far reaching across all aspects of a persons life.

Relief of Client Concerns – Elimination of client concerns resulting from physical, emotional, or spiritual imbalances.

Peak Performance – Higher level of achievement in career, creative art form or sport

Personal Growth – More fulfilling relationships, healthier work/life balance, deeper spiritual connection

Academic Optimization – Improved test scores, better information retention, increase focus & concentration

Elegantly Simple – The process is so elegantly simple and the transformation is so seamless that sometimes co-workers, friends and family are the first to notice and observe the changes as they take place.

Best you can be – While no NeuroOptimal neurofeedback trainer can guarantee you a particular result, we do know, regardless of why you came to us, that we can help you be the best you can be. Watching our clients transform their lives is one of the most exciting and rewarding aspects of being a NeuroOptimal neurofeedback trainer.



World wide NeuroOptimal Trainer's survey – was completed by Zengar Institute in 2008. The Training Effectiveness Survey represents results from 1.2 million hours of client training. One third of trainers reported that the majority of their clients showed 100% improvement. Most clients can expect significant improvement of 60% or better.

Default protocol – It must be stated that NeuroOptimal is “diagnostically agnostic”, meaning that a standard default procedure is used, there is no attempt made to diagnose any condition or pathology.

There is no diagnosis and therefore no treatment of disorders. The goal of NeuroOptimal is simply and profoundly to allow each brain to self balance and stabilize the nervous system as a whole, when this happens, all else falls away.

Trainers report client concerns – The following table represents the percentage of trainers worldwide that are reporting a greater than 40% improvement for each presenting client concern after 20 training sessions.

Immune system #1 improvement – Human electrical systems are in concert with biochemical systems. The human brain is command central for the rest of your biological systems. If your electrical system is in tip top shape then it follows that your biochemical system will follow its lead.



Dynamic Life

Heal. Grow. Thrive.

Immune Functioning	90%	Addiction	80%	Multiple personality	67%
Defiant Disorder	88%	Aspersers	80%	Asthma	67%
Stress Management	88%	Epilepsy	80%	Chronic Fatigue	65%
Focus & Concentration	87%	Gastrointestinal	80%	Obsessive compulsive	64%
Headaches/migraines	87%	Lyme Disease	80%	Tourettes	64%
Failure school	86%	Dizziness	78%	Diabetes	60%
Anxiety & Panic	85%	Peak Performance	78%	Stroke	60%
ADD/ADHD	84%	Executive coaching	77%	Eating disorders	57%
Cognitive Function	84%	Fatigue	77%	Urination	57%
Depression	84%	Memory	76%	Autism	54%
Learning disorder	83%	Cerebral Palsy	75%	Allergies	50%
Sleep problems	83%	Fibromyalgia	74%	Developmental delay	50%
PTSD	82%	Brain Injury	72%	Ear tinnitus	50%
Anger	81%	Hyper/Hypotension	72%	Heart conditions	50%
Pain	81%	Bi-Polar	70%	Hypo/Hyperglycemia	50%
Shyness	81%	Swallowing	67%	Vision	50%